

SACHDEVA GLOBAL SCHOOL  
ACTIVITY PLANNER - JANUARY 2025  
CLASSES : BUDS - II

| MON                 | TUE | WED | THU                                                                                         | FRI                                                                                       | SAT                                  | SUN                        |
|---------------------|-----|-----|---------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|--------------------------------------|----------------------------|
|                     |     | 1   | 2                                                                                           | 3                                                                                         | 4                                    | 5                          |
| <b>WINTER BREAK</b> |     |     |                                                                                             |                                                                                           |                                      |                            |
| 6                   | 7   | 8   | 9                                                                                           | 10                                                                                        | 11                                   | 12                         |
| <b>WINTER BREAK</b> |     |     | हिंदी<br>गतिविधि: चर्चा:<br>पॉलिथीन के थैले<br>हमारे लिए कैसे<br>हानिकारक हैं<br>(CLASS-II) | ENGLISH<br>ACTIVITY:<br>PICK A<br>PICTURE<br>CARD AND<br>TELL ITS<br>OPPOSITE<br>(BLOOMS) | S<br>A<br>T<br>U<br>R<br>D<br>A<br>Y | S<br>U<br>N<br>D<br>A<br>Y |

MON

13

MATH  
ACTIVITY:  
SORTING  
GAME-  
MONTHS OF  
THE YEAR  
(CLASS-II)

TUE

14

हिंदी  
गतिविधि:  
चित्र पहचान  
कर उसके  
नाम का  
पहला अक्षर  
बताएं।  
(BLOOMS)

WED

15

MATH  
ACTIVITY:  
SPELL THE  
NUMBER  
ON THE  
NUMBER  
CARD  
(BLOOMS)

THU

16

ENGLISH  
ACTIVITY:  
  
PICK UP  
THE  
LETTER  
CARD AND  
READ  
ALOUD  
(BUDS)

FRI

17

ENGLISH  
ACTIVITY:  
JAM:  
ABOUT  
ANIMAL  
WORLD  
(CLASS-I)

SAT

18

S  
A  
T  
U  
R  
D  
A  
Y

SUN

19

S  
U  
N  
D  
A  
Y

20

हिंदी  
गतिविधि:  
"औ" की मात्रा  
वाले चित्रों में  
रंग भरिए।  
  
(CLASS-I)

21

MATH  
ACTIVITY  
TAMBOLA  
GAME  
(1-10)  
  
(BUDS)

22

MATH ACTIVITY:  
READING AND  
UNDERSTANDING  
A CALENDAR  
  
(CLASS-II)

23

GENERAL  
AWARENESS  
ACTIVITY:  
LITTLE  
EXPLORER-  
WATER HAS  
NO COLOUR  
(BUDS)

24

GENERAL  
AWARENESS  
ACTIVITY:  
DRAW AND  
COLOUR  
NATIONAL  
SYMBOLS OF  
INDIA  
(CLASS-II)

25

S  
A  
T  
U  
R  
D  
A  
Y

26

R  
E  
P  
U  
B  
L  
I  
C  
D  
A  
Y

MON

27

हिंदी गतिविधि:  
व्यंजन कार्ड को  
सही क्रम में  
लगाना।

(BUDS)

TUE

28

MATH  
ACTIVITY:

LET'S SKIP  
COUNT BY  
2'S & 3'S  
(CLASS-I)

WED

29

ENGLISH  
ACTIVITY:  
COMPOSITION:  
BOOKS ARE MY  
BEST FRIENDS  
(CLASS-II)

THU

30

ENGLISH  
ACTIVITY:  
PICK A  
WORD AND  
FORM A  
NEW  
SENTENCE  
(BLOOMS)

FRI

31

हिंदी गतिविधि:  
चित्र देखकर  
शब्द बोलो

(BLOOMS)

SAT

SUN

## CO – CURRICULAR ACTIVITIES

|                     |                                                                                                                                                                                                                                                                                                                                                                                |
|---------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| DRUMS               | <p>*CLAPPING EXERCISE - BUDS-BLOOMS</p> <p>*NOTES READING AND PLAYING - BUDS-BLOOMS</p> <p>* NOTES READING AND PLAYING PRACTICE - CLASSES I&amp;II</p>                                                                                                                                                                                                                         |
| INDIAN DANCE        | <p>*HAND GESTURES(ASAMYUTA HASTA-SINGLE HAND GESTURE),NAMASKAR(BHARATNATYAM) - BUDS-BLOOM</p> <p>*SONG-REVISION OF "DHOL BAJAO GANPATI BABA AARAHE HAIN"- BUDS-BLOOMS *NAMASKAR,SINGLE HAND GESTURES(ASAMYUTA HASTA),SONG-DEVA SRI GANESHA, STEPS-ROTATION,NECK MOVEMENTS - CLASSES I &amp; II</p>                                                                             |
| INDIAN VOCAL MUSIC  | <p>अलंकारो का अभ्यास - BUDS-BLOOM</p> <p>सरस्वती मंत्र: सरस्वती नमस्तुभ्यम् - BUDS-BLOOM</p> <p>देश भक्ति गीत: नन्दे-मुन्ने कहलाते हम - BUDS-BLOOMS</p> <p>अलंकारो का अभ्यास - CLASSES I&amp;II</p> <p>ताल-कहरवा - CLASSES I&amp;II</p> <p>सरस्वती मंत्र: सरस्वती नमस्तुभ्यम् - CLASSES I&amp;II</p> <p>देश भक्ति गीत: ये देश मेरी जान है, ईमान है मेरा - CLASSES I&amp;II</p> |
| PIANO               | <p>PLAYING PRACTICE OF KEYS(C-G) &amp;( C-F )BOTH HANDS IN 3 COUNTS - BUDS-BLOOMS</p> <p>PLAYING PRACTICE OF KEYS(C-G) &amp;( C-F) BOTH HANDS IN 3 COUNTS - CLASSES I-II</p>                                                                                                                                                                                                   |
| WESTERN DANCE       | <p>RHYTHM/MUSICALITY,BODY POSTURE,GROOVE,SONG-ROCK &amp; ROLL - BUDS-BLOOMS</p> <p>RHYTHM,MUSICALITY,BODY POSTURE,STRETCHING - CLASSES I-II</p> <p>VOCABULARY-PIRVUETTES,RON DE JAMBE,SONG-ARABIAN NIGHTS - CLASSES I-II</p>                                                                                                                                                   |
| WESTERN VOCAL MUSIC | <p>VOCAL WARM UPS - BUDS-BLOOMS</p> <p>NEW YEAR SONG - BUDS-BLOOMS</p> <p>VOCAL WARM UP EXERCISES,NEW YEAR SONG,BODY PERCUSSION WITH 4/4 AND 3/4 BEAT - CLASSES I-II</p>                                                                                                                                                                                                       |
| AEROBICS            | <p>DUMBLE EXERCISES,MASS PT EXERCISE(SITTING &amp; STANDING) - BUDS-BLOOMS</p> <p>MASS PT EXERCISE(SITTING &amp; STANDING),JUMPING JACK,HIGH KNEES - CLASSES I-II</p>                                                                                                                                                                                                          |

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| <b>YOGA</b>    | SITTING ASANA,STANDING ASANA,SUKSHMA VYAYAM & OM CHANTING - BUDS-BLOOMS<br>SUKSHMA VYAYAMA,SITTING ASANA,ASANA IN PRONE AND SPINE POSITION,OM CHANTING<br>CLASSES I-II                                                                                                                                                                   |
| <b>ART</b>     | MAKE A CRAFT OF A BOY/GIRL,MAKE A TRICOLOUR HEADGEAR - BUDS<br>DRAW A BEAUTIFUL GARDEN SCENE,MAKE A TRICOLOUR WRIST BAND - BLOOMS<br>NEW YEAR CARD,POSTER GO GREEN ,THUMB PRINTING & SMILEY PASTING,SITARA PASTING - CLASS-I<br>STIPPLING WITH SKETCHPEN,COTTON BALL PRINTING,THUMB PRINTING,SMILEY PASTING, NEW YEAR CARD<br>- CLASS-II |
| <b>LIBRARY</b> | CHICK TOCK,TOM AND JERRY,LITTLE DIGGER,THE GINGER BREAD MAN - BUDS<br>SLEEPING BEAUTY,PINOCCHIO,PUSS IN BOOTS,CINDERELLA - BLOOMS<br>CLIFFORD,I LIKE TO READ,DALMATIONS,PETER AND THE WOLF - CLASS-I<br>MYTH QUEST,WHEN WE'RE TOGETHER,SUPER PANTS - CLASS-II                                                                            |